

*“Commit your work to the Lord and your plans will be established...”*

THE COLLEGE ANNUAL REPORT OF THE YEAR 2024-25

- Vimala College has crossed 58 glorious years in the pursuit of excellence, and has made remarkable strides, in curricular, co-curricular and extra-curricular activities.
- The Autonomous status
  - College with Potential for Excellence
  - A+ grade with CGPA of 3.45 in the Fourth Cycle of NAAC Accreditation
  - Mentor College under NAAC Paramarsh scheme
  - DBT- STAR College, and DST-CURIE College Schemes, by the Ministry of Science and Technology, Government of India
    - And other innumerable awards and recognitions Vimala received over the years, have been stamps of merit, which moulded her, into a reputed and coveted citadel of learning.
  - The College offers 19-Undergraduate, 16-Postgraduate, and 30 Value-Addition Courses.
- Vimala College has Doctoral Programmes in English, Commerce, Physics, Economics, Malayalam and Social Work.
  - 2900 students are the beneficiaries of these programmes
- Two hundred and Twenty Two (222) Teaching, Administrative and Support staff are involved in the smooth functioning of the College.
  - It is my pleasure to state that Vimala College continues the proud tradition of securing an overall pass percentage of over 90% in the End Semester Examination.
  - Last academic year, the overall PG pass percentage was 95%, and the overall UG pass percentage was 92%.
- The College stands proud upon the laurels and achievements bestowed on her, by the persistent efforts of the teaching faculty, and unparalleled support of the student community.

- It is my proud privilege, to initiate the presentation of, our College Annual Report of the year 2024-25, highlighting some of the key milestones achieved over the past year.

### HIGHLIGHTS of the year

#### Vimala College Secured:

- 80th position, among the 10,845 Higher Education Institutions in India, in the National Institutional Ranking Framework (NIRF-2024), conducted by the Ministry of Human Resource Development, Govt. of India.
- 6th rank in the College Category, in the Kerala Institutional Ranking Framework (KIRF-2024), constituted by the Kerala State Higher Education Council and Department of Higher Education, Government of Kerala.
- College secured ‘Confederation of Indian Textile Industry Sustainability Award 2024-25’, and was adjudged first runner up, in the Best Academic Institution category, for educational contribution towards sustainability in Textile and Clothing, from the Ministry of Textiles, Govt. of India.
- In the India Today national level Ranking 2024, Vimala College secured 29<sup>th</sup> position in Social Work, 64<sup>th</sup> in Arts, 39<sup>th</sup> in Science and 40<sup>th</sup> in Commerce.
  - In the Outlook ICARE National level Rankings, College bagged, 61st position in Arts, 37th in Science, 36th in B.Com and 26th in MSW programmes.
- Institution’s Innovation Council (IIC) of the College secured 3.5-star rating, by MHRD, Govt. of India, for the activities, for the promotion of Innovation and Start-up in College campus.
- Vimala College has won the title of ‘Best Women’s College in Sports’, under the University of Calicut
  - and overall Fourth position for the outstanding sports performance under the University.
- College secured, First position in Calicut University Inter collegiate Wrestling, Judo, and Fencing Championships,
  - 1st runner up in Rugby and Weightlifting Championships
  - 2nd runner up in cross country and athletics championships.

- Fourth position in the Calicut University Inter collegiate Karate Championship by winning one silver and two bronze medals.
- The Herbarium of the Department of Botany, Vimala College received the international recognition by the Index Herbarium of the New York Botanical Garden with the official designation as VCT Herbarium.
  - DBT Star National Advisor and Task Force Team visited the College and inspected the DBT supported departments on 16 November
    - DST CURIE Project Mentor Visit was held on 16<sup>th</sup> December
    - An amount of Rs 84 lakhs was sanctioned in the second phase of DST-FIST Project
  - Received the sanction from National Medicinal Plant Board, Ministry of Ayush, Govt. of India for the Establishment of Medicinal Herbal Garden
  - Graduation Ceremony for the fifth autonomous batch was convened on 22 June.
    - Vimala College also hosted the Graduation ceremony of the University of Calicut (Thrissur Zone) on 26 June.
  - The honourable Vice Chancellor of the University of Calicut visited the College on 06 February and interacted with the Principal and the staff members
  - The College has embarked on a Collaborative Online International Learning programme in partnership with La Guardia Community College, New York, USA. Twenty Five of our students benefitted from this venture.
  - This year, we have more than 198 campus placements till date
  - V-GYAAN, a CSR Initiative of South Indian Bank was launched under the aegis of the Department of Commerce.
    - The initiative involved the distribution of computers, with an aim to ensure quality education for students
  - Digital Heritage – The initial phase of QR Code Implementation at Thrissur Museum – An initiative by the Dept. of Computer Science
    - to enhance the visitor experience by integrating QR codes at key exhibits was launched.

- Vimala College organised VISMAYAM 2K24 an exhibition for school students on 22 August.
  - The event was a confluence of exhibitions put forth as the best practices of eight participating Departments- POLARIS by Department of Mathematics, SAMRUDHI by Department of Botany, LEHER by Department of Home Science, Eight Bits by Department of Computer Science, Rasatantra by Department of Chemistry, Physigala by Department of Physics, Silvanus by Department of Zoology and an Exhibition by Department of Sociology.
    - The event was coordinated by the IQAC and inaugurated by Dr Geeta Ramkumar, Rtd Scientist, Atmospheric Dynamics Branch, VSSC, ISRO, an Alumna of the College.
- College was one of the venues for offline screening of the 8th edition of International Folklore Film Festival and during the three-day screening in the campus, around 25 films across several languages from different countries were screened, under the auspices of the film club of the college.
- The College also partnered with Kerala Literature Festival through “KLF on the Move”, a curtain raiser of the Festival, as part of which a session by the writer E. Santhosh Kumar was hosted by the Dept of Malayalam
- The 13<sup>th</sup> Kerala State Masters Swimming Championship 2024 was held at Vimala International Aquatics complex.
- This academic year, the four year undergraduate programme was introduced by the Govt of Kerala and the College successfully implemented the same after rigorous phases of planning and preparations.
- Five faculty members are retiring from service this year

## LAURELS

## FACULTY:

- Dr. Sr. Beena Jose, Principal, was awarded the prestigious Prof M M Ghani Award for the Best College Teacher in the University of Calicut in the Science Category.

- Dr Treesa T Pulickal and Dr Binu K were recognised as Research Guides of the University of Calicut

The following teachers were awarded PhD:

- Dr Sreekala M
- Dr. Smitha P S
- Dr Sheeji Raphael
- Dr Maya Davi Chalissery
- Dr Divya K Venugopal
- Dr Josna Victoria K Johnson

Four of our faculty members Dr Sheeba P, Dr Malini K A, Dr Sheeja T Tharakan and Dr Honey Sebastian were promoted as Professors.

Other exemplary achievements:

- Mr. Sreekumar V, Assistant Professor & Head, Department of History was selected to present a research paper at the Academic Conference held in Germany from Oct 6 to 9
- Dr Mini Krishna K, Associate Professor & Head, Department of Physics and Dr Dhanya Johnson, Assistant Professor, Department of Physics were selected to participate in the 4-day leadership training program under the Women in Space and Allied Science Leadership Program (WisLP) of the Department of Science and Technology, Govt. of India, New Delhi in collaboration with British Council, under UK-India Education and Research Initiative (UKIERI), held at IIT Hyderabad from 18 th to 21 st February 2025.
- Dr Sr Silvy Mathew secured 2 nd Prize for paper presentation in the National Seminar at Jawaharlal Nehru University, Delhi.
- Ms Hemalatha V secured second position in the National Masters Fencing Championship and published a book on Physical Activity, Healthy Living
- Ms Agibet Mathews secured Gold medal in shot put, 5 KM Walk, Silver medal in 4x100 m relay and Bronze medal in 400M in the National Masters Athletics Championship
- Dr Jerin Paul received the Best Teacher Award instituted by the Department of Computer Science, Central University of Kerala

- Dr Anu P P was awarded the Bhasha Adyapaka Puraskaram by the Kerala State PTA
- Dr Jaya Cherian was bestowed the “Outstanding Contribution to Academia” award instituted by Christ College, Irinjalakuda
- Dr Binu K was appointed as Chairperson of the Coastal Highway Social Impact Study, Government of Kerala
- Dr Smitha P.S received the Santhome Best Research Paper Award in Botany instituted by St Thomas’ College, Thrissur.
- Dr Mekha Susan Rajan won the Doctoral Dissertation Award from Nehru Arts and Science College, Kanhangad.
- Dr. Lakshmi C M, Ms. Ann Maria Jose C and Sr. Divya C V edited *Literature of the 20th Century* of the University of Kerala

The following teachers edited UG textbooks of the University of Calicut:

- Prof (Dr) Sheeja T Tharakan co-edited the Textbook of Minor Course in Botany
- Dr. Lakshmi C M edited *Gender Perspectives in Literatures*
- Ms. Divya C D edited *English Language Skills for Commerce and Management*
- Dr. Jibhi Bhaskaran and Dr. Reenu George edited *Introducing Travel Narratives: Journey Beyond Borders*

## STUDENTS

- Ardra K Baburaj of B.Com (Regular) secured Fourth Position in the International Speech Competition organised by ORMA International, Philadelphia, USA
- Rose Thomson of Computer Science was acknowledged by Changemakers 2024 for completing the F.A.I.R. project that envisions a fairer world by embarking on a Mission for Humanity . She was one among 32 young adults chosen from across India, selected by Eight Goals One Foundation, Delhi, in partnership with UNESCO
- Reshma K P of Zoology represented the University of Calicut in All India Inter University Yoga Championship and Khelo India Interuniversity Competition. She also secured Silver medal in the 48th Senior National Yoga championship
- Anagha S Nair, Adithya Ashok and Gayathri K of Zoology are the State level Winners of the Young Innovators Programme conducted by Kerala Development and Innovation Strategic Council
- Anupama Maria K, Research Scholar of English was awarded the ICSSR Doctoral Research Fellowship

## INFRASTRUCTURE

The upgradation carried out this year include:

Polyhouse - part of Vimala Agrifarm, a venture of the Department of Botany was constructed with the support of Kerala State Horticulture Mission

Exclusive Research Centres have been constructed for the departments of Zoology, Chemistry and Botany and are set to apply for recognition from the respective authorities. A few science laboratories and the Zoology Museum were renovated.

Two new Recycling Machines were added to VHARA- the Paper Recycling Unit run by the Library

XRD Machine is purchased under the DST FIST Grant and is being installed

## IQAC

Organised:

- “VIMALAARAMBH”, the Student Induction Programme for first year students.
- ILLUME 2025 – a seminar on ‘AI Tools for Research’ was organised along with Research & Development Cell and the Faculty Enrichment Committee with the support of DST CURIE PG Grant.
- Orientation Session on RTI by the State Information Commissioner, Govt of Kerala, Prof T K Ramakrishnan
- SPARK 2k24, the Interdisciplinary Research Paper Presentation Competition for PG graduants
- Dr Sr Lissy John Irimpan Endowment Lecture for Parents

## FACULTY ENRICHMENT PROGRAMMES

Vimala College hosted the national level MDP on Empowering Faculty for Navigating the Landscape of Higher Education organised by CMC Higher Education Department

In addition, sessions on the following topics were conducted:

- Mental Health Matters in College Life: Role of Teachers
- Lifestyle Diseases
- Scholar Sphere: Enhancing Digital Presence

SIGNIFICANT SEMINARS AND WORKSHOPS CONDUCTED BY THE DEPARTMENTS are as follows:

- International Conference on Advanced Data Analytics and Statistics was organized by the Department of Statistics in association with Kerala Statistical Association and UGC-CWS. National Webinar on Sampling Techniques and Experimental Designs was also organised
- The Department of English in collaboration with UGC Centre for Women's Studies organized an International Conference on 'READING HORIZONS: TECHNIQUES AND PERSPECTIVES IN ELE', Two Day National Workshop on Translation: Exploring the Art and Science of Language Transformation, and also workshops on PhD Thesis Writing and PG Project Writing in association with the UGC CWS and WDC
- The Department of Botany and the Biodiversity Club conducted a National Seminar on 'Traditional Knowledge Systems and Biodiversity' in association with Kerala State Biodiversity Board and a Hands on Training in Bioinformatics & Computer Aided Drug Design in association with Xcellogen Biotech Pvt. Ltd
- The Department of Psychology in collaboration with the Digital De-addiction Centre, organized a seminar on Digital Addiction and its Management.
- The Dept of Home Science conducted a workshop on baking and icing craft in association with the incubation centre of GEC, Thrissur
- The Department of Computer Science conducted a workshop on "Generative AI: From Plans to Presentations" and a seminar on Secure by Design
- The Department of Economics in association with NISM and Kotak securities organized a workshop on Financial Literacy and Financial Education and an Online FDP on Security Trading and Investment Analysis
- The Department of Social Work in collaboration with ICSSR organized a National Workshop on 'Enhancing Cultural Sensitivity and Addressing Tribal Health Challenges'. They also conducted a Consultation Workshop on the Four Year BSW Programme of the University of Calicut.
- The Department of Sociology in collaboration with the UGC CWS organized a National Seminar on 'Surveillance Society: Challenges and Concerns in the Cybernetic Age'. They also organised a rural camp and workshops as part of the Participatory Rural Appraisal Programme.

- The Department of Zoology conducted an international webinar - Life sciences summit 2025 and also a Workshop on Indigenous Cows of Kerala and Value-Added Products from Cow Dung
- The Department of Mathematics in collaboration with Kerala Mathematical Association organized a National Seminar on Fuzzy Mathematics and hosted a workshop, “Think Fast, Solve Smart”
- The Department of Physics and Vimala Astronomy Club in association with Breakthrough Science Society organised a Workshop on Sky Watch, another on Microcontroller-Based Science Experiments and an Interdepartmental Seminar supported by DST-CURIE
- The Department of Malayalam organised seminars in collaboration with different Institutions under the aegis of the Prof. C. L. Antony Chair and Dr. Vayala Vasudevan Pillai Chair. A seminar in honour of the retiring staff was also organized
- National Webinar on Artificial Intelligence Need for Human Control was organized by the Department of Political Science in association with Prabhodha Trust, Kochi
- The Department of Physical Education organised a Workshop on “Improving Women’s Health” and a self defence training session.

#### TALKS AND LECTURES

- The Department of Commerce in association with the International Student Cell organised a talk on Consumer behaviour and analytics by Dr. David Terezalde, Dean, International Relation, Muthoot School of Business
- The Department of Psychology hosted a talk by Dr. Abdul Gafoor, Head of Clinical Psychology at MIMHAR
- A talk was organized by B Voc food processing, commemorating world food day
- The Department of Computer Science organized a session on “Git Insights”
- The Department of Economics organized a session on the topic “From Challenges to Triumphs : Empowering Women Through Solo Travel Across India” by Ms. Josephine Jose, an alumna, who was also honoured for her remarkable achievement of travelling solo across India.
- As part of Laureates’ Day organised by the Department of English, Professor Mohammed Shamsul Hoque, Former HoD of English, Daffodil International University, Bangladesh, delivered a session
- The Department of Social Work arranged sessions on Writing Effective Project Proposals and Understanding self through the lens of Sexuality.

- The Department of Statistics conducted Lecture Series on Statistical Literacy and a session on Statistical Thinking and Concepts
- The Department of Hindi organized a lecture on “Partition” as part of Diksha 2024 lecture series
- The Department of Chemistry conducted a talk on “Modern Undergraduate Education”
- The Department of Sociology regularly conducts ‘Talk a week’ series on various topics of sociological interest.
- The Dept of Zoology hosted Exonexus 2024: an International Invited talk - and arranged a talk on Towards financial self reliance
- The Dept of Botany organised lectures on ‘Land Restoration, Desertification and Drought Resilience’ and ‘Western Ghats: Biodiversity issues and challenges’
- The Department of Physics conducted Dr Sr Ritty J Nedumpara Endowment Lecture and various talks as part of Coffee with Scientist and Women in Science programmes
- The Dept of Malayalam organised a talk by the writer Sri. Benyamin and another talk on IPR by Dr. Sobha, Green Books
- The Departments of Political Science and History in association with Prabodha Trust, Kochi organised a session on ‘Jesus Christ and Ethical Discourse: How our Thinking About God Went Wrong’
- The Department of Physical Education organised a Motivational Talk, “Managing pre-competition Nerves” by Dr Diya K M, Jeevani Counselor

#### EXTENSION ACTIVITIES

- The Department of Psychology conducted an industrial visit-cum-camp at Aashrayam College, Kollengode followed by a survey on mental and physical well-being in a nearby village.
- ‘Karuthal’, a community nutrition camp was conducted by the department of Home Science (Nutrition and Dietetics) at Athirappilly Panchayath.
- Sustainable AI Awareness Programme was conducted by the Dept of Computer Science at Thekkinkad Maidan, Thrissur
- Haritham-the sale of organic vegetables and fruits was organised by the Department of Economics
- The Department of English organised a series of innovative activities commemorating world-renowned authors

- The Department of Social Work staged a drama named ‘Anukampa’ on World Compassion Day at Kerala Sahithya Academy in collaboration with Daya Hospital.
- The Dept of Statistics conducted workshops on Exploring Data Analytics Using different tools like JASP, EXCELery, and Latex in collaboration with the Departments of Home science, Commerce and Physics
- As part of Vaikhary, students of the Chemistry department visited NSUP School, Cheroor and distributed steel water bottles.
- Study kits were distributed at the Government High School, Kallayi, Thrissur, by the Department of Sociology as part of Sasneham
- Dr. Ramu S, Veterinary surgeon, Government Veterinary Dispensary, Thrissur inaugurated AQUAPHILIA fish farming, a start up venture of the Dept of Zoology
- As part of ‘prathichātrāmoushadhi’, the Department of Botany in association with the State Medicinal Plant Board distributed 100 medicinal plants to the students
- The Department of Physics conducted Hands-on Training in Material Analysis for off-campus students
- The Department of Mathematics organised a Visit to Thaikkattu Mooss Ayurveda Museum to familiarise students on Innovative Practices in Traditional Medicine
- The Dept of Malayalam initiated the BOOKSHELF @HOME programme, for which books were sponsored by Green Books
- The Department of Physical Education conducted “Multi Sports Summer Camp”

#### CO-CURRICULAR and EXTRA-CURRICULAR ACTIVITIES

- The Dept of English hosted the annual intercollegiate literary fest - Imprintz 2K24 and the Poets’ Artists’ Day. The Department also organised Natya Aurea, a programme commemorating 50 years of the Poets Artists Day.
- The Department of Commerce organized Business Track Ignite - 2025, the Inter Collegiate Management Fest under the patronage of Dr. Sr. Lissy John Irimpan Endowment Fund partnered by LIC India, Thrissur Division and Red FM 95.
- The Dept of Home Science organised MESMER 25, the annual fashion show as part of the final presentation of BSc Textiles and fashion Technology
- The Dept of Computer Science organised the annual intercollegiate techno fest, Riti 9.0
- The Dept of Economics organised Sr Philomena Inter Collegiate Extempore Competition and the Intercollegiate Economic Fest ‘AMARTYA 3.0’
- Stat Fest 2024 was conducted as part of the 18th National Statistics Day.

- Students of the Dept of Psychology visited St. Joseph's Special School, Cheroor, to observe therapy sessions and lead classroom activities.
- The Department of Sanskrit organized Sanskrit Quiz and Recitation competitions
- Sr Canisia quiz competition was conducted by the Department of Chemistry
- The Department of Sociology organised a field visit to the Kadar tribes in Shasthampooam tribal colony of Vellikulangara forest range in Thrissur
- Awareness Programme on organ donation was organised by the Department of Zoology. The youngest organ donor of India, Devananda P P, our student of second semester Zoology led the session.
- The Enflammer- The Journal Club of the Department of Botany conducted intercollegiate photography competition and a quiz programme- Master mind
- Math Fest "CIPHER 2K25" was conducted by the Dept of Mathematics
- AGNI 2K24 State-Level Intercollegiate Quiz Competition was organised by the Department of Physics. ASSAYER, the Dept newsletter was also released.
- LOCHANA INTER UNIVERSITY QUIZ COMPETITION and UJWALA INTER UNIVERSITY poetry COMPETITION were organised by the Dept of Malayalam
- The Department of Physical Education hosted the Calicut University Intercollegiate Fencing, Judo and Wrestling Women's Championships.
- Sports students served as the officials for various district and state championships conducted by Kerala state Athletic, Judo and Fencing associations.

#### CLUBS AND FORUMS:

##### Vimala Community Aid and Sponsorship Scheme (VCASS)

This year ten students from NSUP School, Cheroor and ten students of St. Thomas' School Tirur have benefited from the sponsorship programme run with the support of our students.

##### PARENT TEACHER ASSOCIATION (PTA)

- The PTA Executive Committee was constituted
- PTA Award Day - Mr Paul Thomas K, Chairman of ESAF Bank was bestowed the "Vimala Karmasreshta Puraskaram" of the PTA by Shri M B Rajesh, honourable Minister for State. The PhD awardees, UG and PG toppers and Sports achievers were also honoured.
- The financial contributions of the PTA include funding for sports, arts and cash awards to students.

## ALUMNAE ASSOCIATION

Following are the Association Activities:

- Annual Reunion and General Body Meeting
- The Eleventh edition of the Alumnae newsletter 'Dear Alumna' was released
- Alumnae Accolades, the Annual Award Ceremony
- Funds mobilized for Vimalardram was utilised to donate two wheel chairs, two children's study units and a physiotherapy bed to Villadom Special School for the Differently Abled Children. A donation was also made to Pakalveedu, a day care facility for the elderly managed by the Association.
- The Star of Vimala Contest to crown the Best Outgoing Student was organised. Gayatri Menon K of S6 BCom (Regular) won the coveted title.
- An orientation programme for the mothers of first year students. Ritorno Resonance – an Alumnae Talk Series is featured on the YouTube channel of the College

## LIBRARY

The Programmes Organised Include:

- National Webinar on avoiding plagiarism in academic writing in collaboration with Drill Bit
- ANALECTA 2K24 READING WEEK
- BEM VINDO 2024: MOTIVATION CLASS FOR FRESHERS
- debates and competitions like designing patriotic rangoli, digital pookalam, essay writing, and quiz
- book exhibitions in association with cosmo books and Green Books
- The 75th anniversary of the adoption of the Indian Constitution was celebrated with the addition of the original version of the Constitution in the library.
- Intercollegiate Library Fest *INKOVA 2k24*
- *Eco Vibe: Transforming Waste into Value*
- a tribute to the writers M.T. Vasudevan Nair and S. Jayachandran Nair in collaboration with the UGC Centre for Women's Studies

Career Guidance and Placement Cell (CGPT)

Conducted Sessions on:

Enhancing Employment Opportunities in Private Sector, Global Career Options for Indian Students, Discover Aviation Careers and Pathway to Career Dreams in MBA

Awareness Session on BSNL in collaboration with the Internship Cell, Six day Employability Skills Training in association with Naandi Foundation - Mahindra Pride, Medical Coding Career: Guidance for a promising future, 'Seven Good Habits for Highly Effective Graduation', Civil Services Orientation and a workshop on Mock Interview. CGPT regularly conducts bank coaching and PSC coaching online. Aptitude Training was also introduced this year.

#### NATIONAL CADET CORPS (NCC)

- Cadets won first prize in the Independence Day parade and second prize in the Republic Day parade competitions organized by Thrissur corporation. Selected cadets attended Attachment Camp, Thal Sainik Camp, EBSB Camp, leadership camp, Trek Camp etc
- Various campaigns, a session on mindfulness and a debate competition were organised
- Kargil Vijay Diwas and Nagasaki Day are among the important days observed
- Cadets participated in a walkathon and a live demonstration of an AED machine

#### NATIONAL SERVICE SCHEME (NSS)

Units 120 and 43 functioning in our College actively carried out various activities. These include:

- Mega cleanliness drive and Swachhata Hi Seva Campaign at North Bus Stand, Sagar Swachhata Hi Seva beach cleaning event at Snehatheeram Beach, Diwali with Bharath – Mega Cleaning Drive at Chembukkavu, Malinya Muktha Nava Keralam Programme, Ek Ped Maa Ke Naam, and Maintaining of the vegetable garden
- BLOOD DONATION and free medical CAMPs, Walkathon 2024 Compassionate Kerala Compassionate Wayanad
- National Disaster Response Force officers led a practical session on DISASTER MANAGEMENT. Other awareness programmes on Breast Cancer, Road Safety, Nasha Mukta Bharat Abhiyan Pledge were carried out along with a visit to palliative care
- Observation of days like INTERNATIONAL DAY OF OLDER PERSONS, INDIAN CONSTITUTION DAY, World AIDS Day and National Youth Day

- The NSS units raised funds to support the rehabilitation of victims of the Wayanad landslides which was handed over to the NSS RD cell for coordinating relief activities under the higher education department. Funds collected in association with the College Union was transferred to the Chief Minister's Distress Relief Fund

#### FINE ARTS COMMITTEE & THE COLLEGE UNION

The activities of the Union were inaugurated by the District Police Chief, Thrissur Shri. Ilango R IPS.

Activities include:

- NAME-REVEALING CEREMONY – SAMARTHA
- Principal's feast celebration
- The Fine Arts Inauguration by Cine Artist Govind Padma Soorya

#### UGC CENTRE FOR WOMEN'S STUDIES

In collaboration with various departments and clubs, conducted National, International and regional conferences, seminars and workshops on "Translation", "Research methodology: exploring MLA 9th edition" and on "Creative Writing"; Motivational class on "The power within: a journey towards empowerment", Panel Discussion on "the role of education in curbing gender-based violence", Flash Mob and awareness programme on 'Bal Vivah Mukth Bharath' and 'Orange the World Campaign'. Students took a pledge against child marriage. Conducted survey on the "awareness of rights and entitlement of women", "reel competition", "musical drama" in connection with 'awareness campaign for eliminating gender based violence', Zumba classes and Self-defence training programmes including 'Kalaripayattu' in collaboration with 24 News and Flowers channels.

#### WOMEN DEVELOPMENT CELL

The WDC in collaboration with various departments and committees, conducted around 15 sessions on varied topics aimed at holistic development of the students. These focused on fields like research, health-care, personal safety, gender, finance, mental health, career guidance, and environment sensitivity.

#### ANTI-RAGGING CELL

Conducted orientation class in association with the District Legal Service Authority and Taluk Legal Service Committee as part of the Anti-Ragging Day. As per the UGC directive, 12-18 August was observed as Anti-Ragging week in the campus. Several competitions and events were organised.

#### ANTI-NARCOTICS CLUB

organized an Anti-Narcotic Awareness Class at the Sastahmpoovam Tribal Colony in Vellikulangara.

An Anti-Narcotic Rally was organised

#### International Student Cell

The Cell conducted sessions on Scholarship opportunities abroad in collaboration with Enlighten education followed by counselling sessions on career and academic prospects abroad. An Online Workshop on Portfolio Making was conducted in collaboration with the University of Salford, Manchester and Unixperts.

#### COMMITTEE FOR INCLUSIVITY

commemorated the International Day of Persons with Disabilities, taking a pledge to secure the rights of people with disabilities.

#### INSTITUTION INNOVATION COUNCIL (IIC)

Observed Entrepreneurship day and National Science Day

Organised various workshops, field visits, quiz and exhibition

#### Intellectual Property Rights (IPR) CELL

conducted:

- Interdepartmental Quiz Competition On IPR
- Seminar on 'IPR and IP management for start up'
- Round table discussion on IPR-Copyright and Trademark in association with IIC

#### CATHOLIC ACTIVITIES

Include:

- Consecration to the Sacred Heart of Jesus

- Opening Holy Mass and Carmel Day Celebration
- St Euphrasia week Celebration ( EUCHA 2024)
- Celebrated Christmas and Feast of St. Chavara
- Addon Course in Scripture (Unscroll the scroll)
- Annual Retreat
- Monthly night vigil by Jesus Youth
- Online prayer group - V Pray
- Follow Me 2.0

The following days were observed:

- Rosary Day, Mission Day: Missio 2024, College Feast Day, All Saint's Day
- During the 10th anniversary of the canonization of St. Chavara and St. Euphrasia, the College presented a captivating dance drama, penned by Dr. Hemamalini
- 25 students represented the College and participated in the Jesus Youth, Kerala Campus Conference (KCC) 2024
- Four students attended AICUF Zonal Leadership Camp for Freshers at Chetana Media College, Ollur.

MUSIC CLUB - "saarang"

Organised "Talent Hunt" and "onapattu competition"

CREATIVE WRITING/ SPEAKERS' FORUM

Conducted:

- Essay Writing Competition in collaboration with Sri Satya Sai Seva Trust
- Selected students to participate in All Kerala Elocution competition organized by Christ College of Engineering, Irinjalakkuda.

ENTREPRENEURSHIP DEVELOPMENT CLUB

- Registered with the Innovation and Entrepreneurship Development Centre (IEDC) of Kerala Startup Mission.

Conducted:

- a placement Drive in association with Digistore
- orientation, workshops, and seminars
- Exhibition Cum Sale

## HEALTH AND NUTRITION CLUB

Organised:

- online quiz competition
- talk on Diabetes

## FITNESS + WELLNESS CLUB

- 10th International yoga day was observed
- “Fitness Break” with the aim to engage students in 5 minutes exercise for the body and the brain
- “Vimala to Paris”, to express solidarity with Paris Olympics through a performance in the college basketball ground

## V PODCAST

An initiative launched during COVID, continues to run successfully. This academic year, in association with the Dept of Malayalam, featured a series of podcasts by eminent speakers on topics of public interest through the College YouTube channel

## BIODIVERSITY CLUB

Inaugural Session and Inaugural Talk was delivered by Dr. N Anilkumar, Chairman, Kerala State Biodiversity Board and the club also conducted a National Seminar on Traditional Knowledge Systems and Biodiversity

## BHOOMITHRASENA CLUB

Conducted:

- an auditing at MCF Patturaikkal, Thrissur
- mosquito eradication programmes
- an awareness programme about the traditional flowers of Kerala
- a poster making competition in connection with world blood donor day at St. Mary's CGHS, Ollur

## PALLIATIVE CARE CLUB - Santwanam

The student volunteers collected groceries and contributions from faculty and students and handed them to Christ Villa Poor Home, Ramavarmapuram

visited St. Joseph's Special School, Cheroor

In observance of Palliative Care Day, one day training programme for the student volunteers was conducted in association with The General Hospital, Thrissur

## SPORTS

- Erin Rose Represented India in the 1 st Asian Cup Beach woodball and 8 th Korea Open Wood ball Championship held at Korea and Represented Kerala in the Senior National Woodball championship
- Amaya K, Ashleena Antu and Nandana Jayan Represented Kerala and Secured Gold Medal in the National Tug of War championship at Palgar, Maharashtra
- Aswathy Jyothish Represented Kerala State and Secured Gold Medal in the Senior National Cycle polo championship and second position in the senior women's Federation cup Cycle polo championship
- Hrithika K, Vismaya A and Sandra M are also selected to represent Kerala Senior National softball championship which is going to be held at Maharashtra
- Vimala Fencing and Athletics Academies offer specialised training to the public

## Conclusion

- We fondly remember
  - Dr Sr Omer CMC, Former Provincial Superior, Nirmala Province, Thrissur, Former Principal, Rtd. Professor and Former Head, Department of Political Science
  - Sr Canisia CMC, Rtd. Professor and Former Head, Department of Chemistry
  - Dr Sr Serene CMC, Rtd. Associate Professor and Former Head, Department of Botany
  - Ms Thressiamma Thomas, Rtd. Associate Professor, Department of Chemistry
  - Ms. Leela P., Rtd. Professor and Former Head, Department of English
  - Dr Sara Neena T T, Rtd. Professor and Former Head, Department of Sociology and
  - Mr Binoy P, Electrician
    - who left us for their heavenly abode.
- On this occasion, we bow our head in prayer, as we remember the invaluable services rendered by them.

- Behind every success, there is a lot of meticulous, steadfast , and concerted labour. Vimala College banner is flying high due to the committed team work of the management, staff and students.
- The year 2024-25 was a remarkable year of extensive development and outstanding achievements.
- With the abundant blessings of the Lord and the grace of Vimalamatha, we have come a long way and look forward to achieving further feats in the coming years.

Thank you.